TROPARIA AND KONTAKIA

JULY

JULY 1

THE HOLY AND WONDERWORKING UNMERCENARIES COSMAS AND DAMIAN OF ROME

SS JULIUS AND AARON AND THEIR COMPANIONS

Troparion of Ss Cosmas and Damian Tone 8

O Holy and unmercenary wonderworkers, visit our infirmities./ Freely you have received, freely give to us.

Troparion of Ss Julius and Aaron Tone 1

O holy Julius and Aaron with your companions,/ in the wave of savage persecution/ wherein St. Alban triumphed gloriously/ you too have gained the victor's crowns./ Glory to Him Who has strengthened you; glory to Him Who has crowned you;/ glory to Him Who through you works healings for all.

Kontakion of Ss Cosmas and Damian Tone 2

You have received the grace of healing,/ O holy and wonderworking Physicians;/ you give health to those in need./ Come and visit us, repulse the assaults of all enemies,/ and heal the world by your wonderworking.

JULY 2

PLACING OF THE PRECIOUS TUNIC OF THE MOTHER OF GOD IN BLACHERNAE

Troparion Tone 8

O Ever-Virgin Mother of God, shelter of mankind,/ thou hast given a powerful legacy to thy people,/ thine immaculate body's tunic and sash which remain incorrupt through thy pure childbirth./ For in thee time and nature are renewed,/ and we implore thee to obtain peace for the world and great mercy for our souls.

Kontakion Tone 4

Thou hast given the covering of thy pure body/ as an incorrupt garment for all the faithful,/ and as shelter for all mankind,/ O pure Lady, Mother of God./ We celebrate its placing in Blachernae/ and cry to thee with fear and love:/ O Virgin, boast of Christians, rejoice.

JULY 3

HOLY MARTYR HYACINTH

ST ANATOLIOS, PATRIARCH OF CONSTANTINOPLE

ST GERMAN, HIERARCH

Troparion of St Hyacinth Tone 4

With rays of grace thou dost shine to the ends of the world,/ like a hyacinth in Christ's Church, O blessed Hyacinth;/ for thy confession of the Faith was radiant;/ and in thy contest thou didst follow Christ the Word./ Thou dost ever illumine those who honour thee.

Troparion of St Anatolios Tone 3

By thy works thou didst seal thy life with immortality,/ O righteous Hierarch Anatolios,/and didst enlighten the world/ with the rays of the Sun of Righteousness;/ for thou didst preach Christ to be of two natures/ which are free of intermingling but one in hypostasis/ for the salvation of our souls.

Troparion of St German Tone 2

Nephew of Patrick and missionary in Ireland,/ thou didst spread the Faith in many lands./ From Wales to Brittany, and thence to the Isle of Man,/ thou didst glorify Christ wherever thou didst tread./ Pray to Christ to save our souls.

Kontakion of St Hyacinth Tone 4

Come O you faithful, plait a crown of unfading hyacinths today/ for the Martyr Hyacinth, and let us cry to him:/ Rejoice, O Hyacinth, glory of the martyrs.

Kontakion of St Anatolios Tone 6

Thou didst bear within thee the Dayspring of illumination,/ and wast a lamp of Orthodoxy, O initiate of Christ./ Thou didst dispel heretical darkness and lead us to the dawn of Faith./ Thou dost illuminate us, O Anatolios.

JULY 4

ST ANDREW THE HYMNOGRAPHER, ARCHBISHOP OF CRETE

ST FINBAR, ABBOT OF INNIS DOIMHLE

Troparion of St Andrew Tone 5

Like the Prophet David thou didst sing a new song/ in the assembly of the righteous./ Thou initiate of the Holy Spirit,/ thou didst thunder forth thy hymns of grace/ and the word of righteousness for our salvation,/ O Andrew glory of the Fathers.

Troparion of St Finbar Tone 3

O holy Finbar, thou didst labour faithfully/ and gain many disciples who followed thee to Christ./ As thou didst guide souls in thine Irish monastery,/ pray to Christ our God/ to grant us His great mercy.

Kontakion of St Andrew Tone 2

Thou didst sound forth the divine melodies like a trumpet/ and wast a bright lamp for the world./ Thou didst shine with the light of the Trinity, O righteous Andrew./ Wherefore we cry to thee:/ Ever intercede for us all.

JULY 5

ST ATHANASIOS, FOUNDER OF THE GREAT LAVRA OF THE HOLY MOUNTAIN ATHOS

RECOVERY OF THE RELICS OF ST SERGEI OF RADONEZH

SS FRAGAN AND GWEN

Troparion of St Athanasios Tone 3

The ranks of Angels were greatly astonished/ at thy life in the flesh, O glorious Saint./ Thou didst rout the ranks of demons,/ wherefore Christ rewarded thee richly,/ O our father Athanasios./ Intercede with Him that our souls may be saved.

Troparion of St Sergei Tone 8

From thy youth thou didst love Christ, O Saint, and desire to leave behind thee the tumult of the world./ Thou didst bravely settle in the wilderness and thy humility bore thee children of obedience./ As a dwelling of the Trinity thou didst enlighten with miracles/ all who came to thee with faith and thou didst heal them all./ Holy Father Sergei, pray to Christ our God that He will save our souls.

Troparion of Ss Fragan and Gwen Tone 4

O noble exiles Fragan and Gwen/ who fled to Brittany in troubled times:/ you established churches to God's praise and glory;/ your children brought joy and gladness to the Breton people./ We praise you, glorious Saints.

Kontakion of St Athanasios Tone 2

Thou didst take Christ's yoke and bear thy cross on thy shoulders,/ O holy Father Athanasios./ Thou didst participate in His sufferings and share His glory,/ and dost rejoice in unending gladness.

Kontakion of St Sergei Tone 8

Thou didst rise from the earth and shine like the sun;/ thine incorrupt relics healed many souls and gladdened thy flock./ As thou dost now stand before the Trinity pray for them and for all Orthodox Christians,/ that they may triumph over their enemies and cry to thee: Rejoice, holy Sergei.

JULY 6

OUR HOLY FATHER SISOES THE GREAT

ST MONENNA, 'DAUGHTER OF ELIJAH'

Troparion of St Sisoe Tone 5

From thy childhood thou didst follow the angelic life/ and wast therefore filled with many godly gifts./ O Sisoes, emulator of Angels,/ thou didst shine resplendently like a sun/ in the hour of thy going forth,/ and so didst reveal thy glory and illuminate our souls.

Troparion of St Monenna Tone 8

O Monenna who strove for perfection alone on a mountainside,/ thou wast found worthy to be called 'daughter of Elijah' and didst live like the desert fathers./ Pray to Christ our God that our souls may be saved.

Kontakion of St Sisoe Tone 4

Thou wast an earthly angel in asceticism/ and didst divinely illumine the thoughts of the faithful. / Wherefore we acclaim thee with faith, O righteous Father Sisoes.

JULY 7

HOLY AND GREAT VIRGIN MARTYR CYRIACA

ST ILLTYD OF WALES, ABBOT

Troparion of St Cyriaca Tone 5

O Virgin Martyr Cyriaca,/ thou wast a worthy sacrifice/ when thou didst offer thy pure soul to God;/ wherefore Christ has glorified thee,/ and through thee pours forth graces/ abundantly on all the faithful,/ for He is the merciful Lover of mankind.

Troparion of St Illtyd Tone 6

O wise Illtyd, thou wast noble by birth and noble in mind/ and didst train many saints in the way of holiness./ Pray to Christ our God to raise up saints in our days/ to His glory and for our salvation.

Kontakion of St Cyriaca Tone 2

The Martyr of Christ now calls us together to celebrate her contests and struggles./ For she vanquished the invisible enemy/ and mastered both her mind and her passions.

JULY 8

SYNAXIS OF THE ICON OF THE MOTHER OF GOD OF KAZAN

GREAT MARTYR PROCOPIOS

Troparion of the Icon Tone 4

O fervent intercessor, Mother of the Lord Most High,/ thou dost pray to thy Son Christ our God and savest all who seek thy protection./ O Sovereign Lady and Queen,/ help and defend all of us who in trouble and trials, in pain and burdened with sins,/ stand in thy presence before thine icon,/ and who pray with compunction, contrition and tears and with unflagging hope in thee./ Grant what is good for us, deliverance from evil,/ and save us all, O Virgin Mother of God,/ for thou art a divine protection to thy servants.

Troparion of St Procopios Tone 5

Heaven caught thee and drew thee to piety,/ and like Paul thou didst gladly follow Christ,/ O Procopios adornment of martyrs./ Through the might of the Cross thou didst excel in contest/ and put Belial to shame,/ from whose malice preserve those who lovingly praise thee.

Kontakion of the Icon Tone 8

O peoples, let us run to that quiet good haven,/ to the speedy helper, the warm salvation, to the Virgin's protection./ Let us speed to prayer and hasten to repentance./ For the Mother of God pours out her mercy, anticipates needs and averts disasters/ for her patient and God-fearing servants.

Kontakion of Great Martyr Procopios Tone 2

Zealous for Christ and armed with the might of the Cross/ thou didst humble the proud and bold enemy./ O Procopios, thou didst exalt the Church/ and dost now enlighten us in the Faith.

JULY 9

HOLY HIEROMARTYR PANCRATIUS, BISHOP OF TAUROMINA IN SICILY

ST URITH OF CHITTLEHAMPTON, VIRGIN MARTYR

Troparion of St Pancratius Tone 3

O follower of the chief Apostle,/ thou wast clothed with divine power from on high./ Thy sacred vestments were dyed with the streams of thy blood./ O Father Pancratius/ pray to Christ our God that He will save our souls.

Troparion of St Urith Tone 5

O holy Virgin Martyr Urith/ who didst suffer martyrdom in a Devon village/ and didst patiently endure the jealousy of thy pagan stepmother;/ pray for the faithful who are today suffering persecution,/ that evil may be destroyed and that God may be glorified,/ that we may cry to thee: Rejoice, O Virgin Urith.

Kontakion of St Pancratius Tone 4

Thou wast a martyr for Christ, O Pancratius,/ and a bright star for the people of Tauromena./ Intercede for those who venerate thee, for thou ever standest in His Presence.

JULY 10

ST ANTHONY OF THE KIEVAN CAVES

SS LEONTIUS, MAURICE, DANIEL, ANTHONY AND THE FORTY FIVE HOLY MARTYRS OF NICAPOLIS IN ARMENIA

Troparion of St Anthony Tone 4

Thou didst leave the tumult of the world to follow Christ according to the Gospel;/ thou didst lead a life equal to the Angels and reach the haven of Mount Athos./ From thence with thy fathers' blessing thou didst illumine thy fatherland at Kiev,/ where thou didst lead a multitude of monks along the path to Christ and His kingdom./ Pray to Him, O Saint Anthony, that He may save our souls.

Troparion of the Martyrs Tone 4

You were chosen from on high as an army of sacred ranks,/ O Forty Five Martyrs of Christ./ You contested for the glory of Christ/ and by your struggle defeated polytheism./ We glorify Him Who has glorified you.

Kontakion of St Anthony Tone 8

Thou didst surrender to God, having loved Him from thy childhood,/ and follow Him with all thy heart and soul, O Saint Anthony./ Thou didst despise worldly goods and live in a cave in the earth,/ fighting the good fight against the wiles of the enemy./ Having illumined the ends of the earth thou didst fly rejoicing to heaven/ where thou dost stand among the Angels before the throne of God;/ remember us who honour thee that we may cry: Rejoice, O Anthony our Father.

Kontakion of the Martyrs Tone 8

You endured many torments for the sake of Christ, O Martyrs./ You destroyed idolatrous polytheism and godless error by Christ's power./ Teach us all to cry with faith: Alleluia.

JULY 11

GREAT MARTYR ALL-FAMED EUPHEMIA

ST OLGA, PRINCESS OF KIEV AND EQUAL TO THE APOSTLES

ST DROSTAN, ABBOT

Troparion of St Euphemia Tone 3

O Euphemia, thou didst gladden the Orthodox,/ and put the heretics to shame./ Thou didst confirm the Fathers' teaching at the Fourth Council./ O glorious Martyr,/ entreat Christ our God to grant us His great mercy.

Troparion of St Olga Tone 1

Thou didst give wings to thy mind with the knowledge of God,/ and soar beyond creatures to God the Creator of all./ And when thou hadst found Him thou wast baptized and reborn./ Thou dost enjoy the Tree of Life, remaining eternally incorrupt, O ever glorious Olga.

Troparion of St Drostan Tone 2

Abbot of Deer and disciple of Saint Colum Cille,/ who didst kindle Christ's fire in the hearts of thy monks,/ pray for us, O Drostan, to Christ our God,/ that our souls may be saved.

Kontakion of St Euphemia Tone 6

Thou didst struggle in faith and suffering/ for Christ thy Bridegroom./ Now, through the Mother of God,/ pray that the Orthodox may overthrow heresies, O all-famed Euthemia/ who didst receive and guard the definition/ of the six hundred and thirty Godbearing Fathers.

Kontakion of St Olga Tone 4

Today let us praise God the Benefactor of all/ Who has glorified the divinely-wise Olga./ And through her prayers may He grant to our souls the forgiveness of our sins.

JULY 12

HOLY MARTYRS PROCLOS AND HILARY

Troparion Tone 1

O Hilary and Proclos, arrayed in the armour of the Cross,/ you contested and were communicants of Christ./ You were partakers of heavenly glory/ and shine with gifts of grace on those who cry:/ Glory to Him Who has strengthened you; glory to Him Who has crowned you;/ glory to Him Who through you works healings for all.

Kontakion Tone 2

Of like spirit in your life and of one accord in all things,/ O renowned martyrs and kinsmen Proclos and Hilary,/ you became images of the Passion of Christ/ and were found worthy of His glory./ Pray that all may receive Christ's mercy.

JULY 13

SYNAXIS OF THE ARCHANGEL GABRIEL

ST STEPHEN OF ST SABBAS MONASTERY

ST JUST, MONK

Troparion of the Archangel Gabriel Tone 4

Supreme Leader of the Heavenly Host,/ we implore thee that by thy prayers thou wilt encircle us,/ unworthy as we are,/ with the protection of the wings of thy immaterial glory,/ and guard us who fall down before thee and fervently cry:/ Deliver us from dangers,/ for thou art the commander of the Powers above.

Troparion of St Stephen Tone 3

O righteous Father Stephen, thou didst receive a glorious crown/ and became a crown of the Church,/ for thou wast crowned with divine graces/ and wast resplendent in godliness./ Entreat Christ our God to grant us His great mercy.

Troparion of St Just Tone 6

Son of St Geraint, O lover of peace,/ when a stranger took thy cell thou didst wander to distant lands./ Through thy patience thou art glorious./ We honour thee, O holy Just.

Kontakion of the Archangel Gabriel Tone 2

Thou dost behold the glory of God in heaven,/ and bring grace from on high to earth,/ O wise Gabriel, Leader of Angels,/ minister of God's glory and champion of the world./ Save and preserve those who cry to thee:/ Be our helper, and no one will be against us.

Kontakion of St Stephen Tone 4

Thou didst plant a paradise of virtues/ and water it with thy tears,/ and receive the Tree of Life./ By thy prayers save thy flock from corruption/ and deliver from temptations those who venerate thee./ O glorious Stephen,/ through faith and love we have acquired thee as a great intercessor.

13 - 19

SUNDAY OF THE HOLY FATHERS OF THE SEVEN ECUMENICAL COUNCILS

Troparion Tone 8

Glorious art Thou, O Christ our God/ Who hast established our holy fathers as stars on earth./ Through them Thou dost guide us to the True Faith./ O Most Merciful One, glory to Thee.

Kontakion Tone 8

The preaching of the Apostles and the doctrine of the Fathers confirmed the one faith in the Church./ In the garment of truth woven from theology on high she rightly divides and glorifies true piety.

JULY 14

HOLY APOSTLE AQUILA

Troparion Tone 1

As a disciple and companion of Paul thou didst receive in thy soul the grace of preaching./ Thou didst shine in the night of error and contest for the Lord's glory./ O Aquila, sacred minister of the Savior,/ we all acclaim thee.

Kontakion Tone 4

The Church has thee as a great sun, O Aquila,/ and illumines with the rays of thy teaching those who faithfully venerate thee,/ the Lord's glorious Apostle.

JULY 15

ST VLADIMIR THE GREAT PRINCE AND EQUAL-TO-THE-APOSTLES

Troparion Tone 4

Sitting on the throne of God-protected Kiev,/ thou wast like a merchant seeking goodly pearls, O Vladimir./ Thou didst search and send to the Imperial City/ to know the Orthodox Faith./ Thou didst find Christ the Pearl of great price,/ Who chose thee like Paul and enlightened thy blindness at the Font./ Thy people celebrate thy repose:/ wherefore pray for Russia and all peoples,/ that the Orthodox may be granted peace and great mercy.

Kontakion Tone 8

Like the Apostle Paul, O Vladimir, thou didst abandon childish ways/ and in manhood wast royally adorned with Baptism./ Now thou art joyfully standing in the presence of Christ our Savior:/ pray that Orthodox Hierarchs and people, and all creation, may be saved.

JULY 16

HOLY HIEROMARTYR ATHENOGENES, BISHOP OF PIDAHTHOE, AND HIS TEN DISCIPLES

HOLY MARTYR HELIER

Troparion of St Athenogenes Tone 3

Thou wast an anointed priest and a martyr of God the Word,/ O Athenogenes;/ thou wast steadfast in contest and didst offer thy ten disciples to Him./ With them pray to Christ our God/ that we may be granted His great mercy and forgiveness.

Troparion of St Helier Tone 5

O glorious St Helier,/ thou didst labour for Christ on the Isle of Jersey,/ in fasting, vigil and prayer./ Thou didst leave thy rock to convert pirates when they landed,/ and so obtain the crown of victory./ O valiant Martyr, we praise God Who has glorified thee.

Kontakion of St Athenogenes Tone 4

Thou didst follow the Lord's teaching, O Athenogenes,/and as a shepherd lay down thy life for thy flock./ We praise thee and thy ten disciples,/ who under thy guidance and in fear of God suffered with thee./ The Lord has crowned you as Saints/ with His life-giving hand./ Pray to Him for us all, O holy Hieromartyr.

JULY 17

HOLY AND GREAT MARTYR MARINA

Troparion Tone 5

O glorious Marina betrothed to God the Word,/ thou didst abandon all things earthly/ and contest victoriously as a virgin./ For thou didst trample on the invisible foe when he appeared,/ O holy trophy-bearer,/ and thou dost now bestow gifts of healing on the world.

Kontakion Tone 3

Adorned with the beauty of virginity,/ thou hast been crowned with unfading wreaths, O Marina./ Having shed thy blood in holy martyrdom/ and radiant with miracles of healing,/ thou hast received the prize of victory from the hand of thy Creator.

JULY 18

ST EMILIAN THE MARTYR

ST PAMBO THE EGYPTIAN, HERMIT AND CONFESSOR

ST JOHN THE MUCH-SUFFERING OF THE KIEVAN CAVES

Troparion of St Emilian Tone 4

By fire thou wast a burnt offering to thy Master/ and dost bring us joy by showering on us graces./ Thou didst bear within thee the heavenly fire/ and accept the material flame as dew./ Ever preserve those who honour thee, O Martyr Emilian.

Troparion of St Pambo Tone 1

Thou wast a desert citizen, an angel in the body and a wonderworker,/ O Pambo our Godbearing Father./ For by fasting, vigil and prayer thou didst obtain gifts from heaven/ and heal the sick and all who flocked to thee in faith./ Glory to Him Who has strengthened thee; glory to Him Who has crowned thee;/ glory to Him Who through thee works healings for all.

Troparion of St John Tone 1

We the unworthy have thee as a firm pillar of patience,/ and as an invincible shield against the enemies' darts./ O much-suffering and angelic John,/ we venerate thy sacred relics and fervently pray:/ Deliver us from soul-destroying passions of the flesh,/ and save us by thy prayers.

Kontakion of St Emilian Tone 3

Thou didst not fear thy fellow-creature fire,/ for thou wast ablaze with holy zeal./ Thou didst willingly enter the flames and wast unconsumed by their fury,/ and didst offer thyself in sacrifice to the Lord./ O Emilian, pray to Christ our God to grant us His great mercy.

Kontakion of St John Tone 2

Thou pillar of continence impregnable to the enemy's warfare/ thou didst leave thy much-suffering body to us set up as a column;/ those in bodily and spiritual infirmities venerate it, O John./ Wherefore we beseech thee to pray to Christ for us all.

JULY 19

THE UNCOVERING OF THE RELICS OF ST SERAPHIM OF SAROV

ST MACRINA, SISTER OF ST BASIL THE GREAT

ST DIOS

Troparion of St Seraphim Tone 4

Thou didst love Christ from thy youth, O blessed one,/ and longing to work for Him alone thou didst struggle in the wilderness with constant prayer and labour./ With penitent heart and great love for Christ thou wast favoured by the Mother of God./ Wherefore we cry to thee;/ Save us by thy prayers, O Seraphim our righteous Father.

Troparion of St Macrina Tone 3

Thou didst lend wings to thy mind by thy love of wisdom/ and wisely abandon the world's comforts./ Thou wast an abode of true philosophy/ and by thine ascetic life,/ thou didst become a glorious bride of the Savior./ Intercede with Him for those who cry: Rejoice, O Godbearing Macrina.

Troparion of St Dios Tone 4

O righteous Father Dios, thou didst live a holy and angelic life/ and wast a vessel of the Spirit's glory;/ for by working signs and wonders/ thou wast resplendent among the righteous./ We therefore praise thee, O blessed one.

Kontakion of St Seraphim Tone 2

Having left the beauty of the world and what is corrupt in it, O Saint,/ thou didst settle in Sarov Monastery./ And having lived there an angelic life,/ thou wast for many the way to salvation./ Wherefore Christ has glorified thee, O Father Seraphim,/ and has enriched thee with the gift of healing and miracles./ And so we cry to thee:/ Rejoice, O Seraphim, our righteous Father.

Kontakion of St Macrina Tone 4

Thou wast filled with the light of righteousness/ and reflected the divine life as an initiator of virtues for those who cry to thee with faith:/ Rejoice, O Macrina, glory of virgins.

Kontakion of St Dios Tone 2

O wonderworking Dios,/ purity of soul was thine armour,/and unceasing prayer was thy spear./ Thou didst mightily fell the ranks of demons,/ and thou art interceding unceasingly for us all.

JULY 20

HOLY AND GLORIOUS PROPHET ELIJAH THE TISHBITE

Troparion Tone 4

Incarnate Angel and summit of the Prophets,/ second forerunner of the coming of Christ,/ glorious Elijah sent down grace from on high to the Prophet Elisha./ He heals diseases and cleanses the leprous./ He pours healings on all who honour him.

Kontakion Tone 2

O great Prophet Elijah,/ seer of God's mighty works,/ who didst halt the torrential rain by thy word,/ pray for us to the Lover of Mankind.

JULY 21

ST SYMEON THE FOOL FOR CHRIST'S SAKE AND ST JOHN HIS FELLOW ASCETIC

Troparion Tone 4

Righteous John and divine Symeon,/ united to God and united in soul to one another:/ one of you lived an inspired life in the desert,/ and the other by his foolishness made a fool of Belial./ Now you are rejoicing in heavenly glory: ever watch over us.

Kontakion Tone 2

Let us praise angelic and Godbearing Symeon/ who in the flesh appeared fleshless and shone with virtues;/ and with him let us praise glorious John,/ for they ever intercede with Christ our God for us all.

JULY 22

HOLY MYRRHBEARER AND EQUAL-TO-THE-APOSTLES MARY MAGDALENE

Troparion Tone 1

O holy Mary Magdalene, thou didst keep Christ's commandments/ and follow Him Who for our sakes was born of a Virgin./ Today we celebrate thy memory/ and receive forgiveness through thy prayers.

Kontakion Tone 4

When the transcendent God was incarnate/ He received thee as a true disciple in thy great love, O Myrrhbearer./ Then thou thyself didst work many healings/ and art now translated to heaven/ where thou ever intercedest for the world.

Another Kontakion Tone 3

With others standing before the Savior's Cross,/ weeping and suffering with the Mother of God,/ glorious Mary Magdalene offered praises saying:/ What is this strange wonder?/ He chooses to suffer Who upholds the whole creation!/ Glory to Thy Power.

JULY 23

ICON OF THE MOTHER OF GOD, 'JOY OF ALL THAT SORROW'

HOLY PROPHET EZEKIEL

Troparion of the Icon Tone 4

Let us the sinful and unworthy fervently run to the Mother of God/ and fall down crying in repentance from the depths of our souls:/ Help us, O Lady who hast had mercy on us./ Hasten, for we perish from a multitude of sins./ Turn not thy servants empty away, for we have thee as our only hope.

Troparion of the Prophet Ezekiel Tone 3

Inspired by the Holy Spirit, O Prophet of God,/ thou didst proclaim the fulfillment of mysteries:/ God the Word's ineffable abasement/ and the resurrection of the dead from all past ages./ O glorious Ezekiel, entreat Christ our God to grant us His great mercy.

Kontakion of the Icon Tone 6

We have no other help, we have no other hope,/ apart from thee, O Lady./ Come to our help. We hope in thee/ and in thee we glory./ Let us not be confounded,/ for we are thy servants.

Kontakion of the Prophet Ezekiel Tone 4

Thou didst appear as a Prophet of God/ and foretell the Lord's incarnation to all,/ even of the Lamb and Creator Who became manifest as God's eternal Son.

JULY 24

GREAT VIRGIN MARTYR CHRISTINA

PRINCE MARTYRS BORIS AND GLEB, THE PASSIONBEARERS

ST DECLAN, BISHOP OF ARDMORE

Troparion of St Christina Tone 5

Thou didst abandon thy father's error/ and receive divine illumination/ as a glorious virgin betrothed to Christ./ Thou didst bravely struggle/ and destroy the enemy,/ O great Martyr Christina,/ and dost ever pray that we may receive great mercy.

Troparion of Ss Boris and Gleb Tone 2

O Passion-bearers and fulfillers of the Gospel of Christ,/ chaste Boris and guileless Gleb:/ you did not oppose the attacks of the enemy, your brother,/ when he killed your bodies but could not touch your souls./ Let him therefore mourn while you rejoice with the Angels/ standing before the Holy Trinity./ Pray that those who honour your memory may find grace with God/ and that all Orthodox people may be saved.

Troparion of St Declan Tone 4

Thou wast a bright light in Ireland before the days of St Patrick,/ O holy Father Declan./ Thou didst travel in Europe and return to found a monastery/ where thou wast ever kind to the poor./ We praise thee, O glorious Hierarch.

Kontakion of St Christina Tone 4

As a shining dove with golden wings thou didst fly to the heights of heaven, O Christina./ We faithfully celebrate thy feast and venerate thy relics/ from which divine healing for souls and bodies flows abundantly to all.

Kontakion of Ss Boris and Gleb Tone 3

Today your memory shines forth, noble sufferers,/ and summons us to glorify Christ our God./ Those who come to the shrine of your relics/ receive healing through your prayers,/ for you are holy physicians.

JULY 25

DORMITION OF ST ANNA, MOTHER OF THE MOTHER OF GOD

ST NESSAN, ABBOT OF MURGNET

Troparion of St Anna Tone 4

O godly, ever-blessed Anna,/ thou didst bear the pure Mother of God who conceived Him Who is our life./ Thou hast now passed to heaven/ and art rejoicing in glory,/ asking forgiveness for those who faithfully honour thee.

Troparion of St Nessan Tone 2

O thou who didst converse with St Patrick/ and follow him in the monastic way:/ as thou didst guide monks to Christ our God,/ pray that our souls may be saved.

Kontakion of St Anna Tone 2

We celebrate the memory of the ancestors of Christ/ and faithfully ask their help;/ that all may be delivered from every affliction who cry:/ Be with us, O God, for it pleased Thee to glorify them.

JULY 26

HOLY HIEROMARTYRS HERMOLAUS, HERMIPPOS AND HERMOCRATES

HOLY MARTYR PARASCEVA

Troparion of the Hieromartyrs Tone 3

You faithfully served the Lord as true priests, O Saints,/ and joyfully followed the path of martyrdom./ O Hermolaus, Hermippos and Hermocrates,/ three-pillared foundation of the Church,/ pray unceasingly that we may be preserved from harm.

Troparion of St Parasceva Tone 1

Ready for godliness, O namesake of preparedness,/ thou didst inherit as a dwelling a faith worthy of thy name./ O prize-winning Parasceva, thou dost pour forth healings/ and art interceding for our souls.

Kontakion of St Hermolaus Tone 4

As a godly priest thou didst receive the crown of martyrdom:/ for as a good shepherd of Christ's flock thou didst prevent the sacrifice of idols./ Thou wast a wise teacher of Panteleimon/ and we praise and venerate thee, crying:/ Deliver us from harm by thy prayers, O Father Hermolaus.

Kontakion of St Parasceva Tone 4

Thy church has become a place of healing for our souls,/ where we the faithful praise and honour thee, O modest one,/ renowned and righteous Martyr Parasceva.

JULY 27

GREAT MARTYR AND HEALER PANTELEIMON

Troparion Tone 3

O holy prize-winner and healer Panteleimon,/ intercede with our merciful God/ that He may grant to our souls/ the forgiveness of our sins.

Kontakion Tone 5

Thou didst faithfully follow the Merciful One/ and wast granted the grace of healing./ O prize-winner and Martyr of Christ our God/ by thine intercessions/ heal the diseases of our souls/ and banish the snares of the enemy/ from those who cry with faith: Save us, O Lord.

JULY 28

HOLY APOSTLES OF THE SEVENTY AND DEACONS PROCHOROS, NICANOR, TIMON AND PARMENAS

ST SAMSON OF DOL

Troparion of the Apostles Tone 4

Holy companions of the Apostles of Christ,/ God chose you as ministers of His flock,/ O Prochoros preacher of things divine,/ holy Nicanor, Timon and Parmenas./ Intercede with Christ our God that we may be granted the forgiveness of our sins.

Troparion of St Samson Tone 3

Thy resplendent life, O holy Samson,/ enlightened all thy kindred./ They followed thee in the monastic life/ and themselves became shining lights./ When consecrated Hierarch thou didst obey the heavenly vision/ and build monasteries to God's glory in Brittany./ Pray to Christ our God to grant us His great mercy.

Kontakion of the Apostles Tone 1

You were holy deacons and eye-witnesses of the Word;/ and you were chosen vessels of faith,/ O glorious Nicanor, Prochoros, Parmenas and Timon./ Wherefore today we celebrate your holy memory and bless you with great rejoicing.

JULY 29

HOLY MARTYR CALLINICOS

HOLY MARTYR THEODOTA

ST SULIAN

Troparion of St Callinicos Tone 3

O Callinicos, thou didst receive a worthy crown and prize/ for thy victory over tyrants,/ for thou didst finish thy course and wast glorified as a noble athlete./ O glorious Martyr,/ entreat Christ our God to grant us His great mercy.

Troparion of St Theodota Tone 1

O godly-minded Theodota, thou didst offer thy holy children to God as choice gifts./ Together with them thou didst nobly contend and struggle./ Intercede with Christ our God for us/ that He grant us all forgiveness and correction of life.

Troparion of St Sulian Tone 5

O fervent St Sulian,/ thou didst persevere, overcoming all obstacles,/ and thy life as a monk was radiant./ Thou didst work miracles/ when living in thy monastery,/ and wonders shone forth from thy tomb./ We praise thee, holy Abbot Sulian.

Kontakion of St Callinicos Tone 2

Thou hast rightly inherited the joyful dwellings on high,/ for thou wast aflame with love for Christ, O Callinicos./ Therefore thou didst bravely endure the fire./ As thou dost stand in God's presence intercede for us all.

Kontakion of St Theodota Tone 4

Today holy Theodota rejoices as a mother over her children/ and we praise her noble contest./ We magnify Christ our God Who has given her a crown of victory.

JULY 30

HOLY APOSTLES OF THE SEVENTY SILAS, SILVAN, CRESCENS, EPENETOS AND ANDRONICOS

Troparion Tone 4

Let us praise the divine Apostles,/ Crescens, Silvan, Silas, Andronicos and Epenetos./ Like rational heavens they shone with the glory of Him/ Who humbled Himself for our sake./ They entreat Christ that all may be saved.

Kontakion Tone 4

You appeared as branches of the vine of Christ,/ bearing virtues as clusters of wisdom,/ pouring on us the wine of salvation./ Receiving it we are filled with joy/ and celebrate your venerable memory./ Pray that our sins may be forgiven,/ O Apostles of the Lord.

JULY 31

ST JOSEPH OF ARIMATHEA

Troparion Tone 2

Noble Joseph took Thine immaculate Body down from the tree,/ wrapped It in a clean shroud and spices,/ and having embalmed It, laid It in a new sepulcher./ But on the third day Thou didst rise, O Lord,/ granting the world great mercy.

Kontakion Tone 2

Joseph of Arimathea took Thee, the Life of all, down from the Tree as one dead,/ and wrapped Thee in clean linen and spices./ He yearned to embrace and kiss Thy pure Body with heart and lips/ yet he restrained himself with fear./ He cried to Thee rejoicing:/ Glory to Thy condescension, O Lover of Mankind.